DERMATOLOGY LIFE QUALITY INDEX (DLQI) - INSTRUCTIONS FOR USE

The Dermatology Life Quality Index questionnaire is designed for use in adults, i.e. patients over the age of 16. It is self explanatory and can be simply handed to the patient who is asked to fill it in without the need for detailed explanation. It is usually completed in one or two minutes.

SCORING

The scoring of each question is as follows:

- Very much: scored 3
- A lot: scored 2
- A little: scored 1
- Not at all: scored 0
- Not relevant: scored 0
- Question 7, ‘Prevented work or studying’: scored 3

The DLQI is calculated by summing the score of each question resulting in a maximum of 30 and a minimum of 0. The higher the score, the more quality of life is impaired.

HOW TO INTERPRET MEANING OF DLQI SCORES

- 0 - 1: no effect at all on patient's life
- 2 - 5: small effect on patient's life
- 6 - 10: moderate effect on patient's life
- 11 - 20: very large effect on patient's life
- 21 - 30: extremely large effect on patient's life

REFERENCES


There is more information about the DLQI, including over 85 translations, at [www.dermatology.org.uk](http://www.dermatology.org.uk). The DLQI is copyright but may be used without seeking permission by clinicians for routine clinical purposes. For other purposes, please contact the copyright owners.

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